

# LEANING INTO LOVE

A SAFE PLACE TO LAND • A STRONG PLACE TO LAUNCH

## LIL Tip ✨

Hi lovely! This week's LIL Tip is a game changer for kids who need a visual tool to help stay on track, and it will save you from the "how much longer?" question on repeat.



Ways we use our timers:

- to count down between snack/meal times
- to alert to transitions (like screens turning off or the end of an activity)
- for quick 5-minute cleanups
- to challenge everyone to be ready at the door when it's time to go