

LEANING INTO LOVE

A SAFE PLACE TO LAND • A STRONG PLACE TO LAUNCH

LIL Tip ✨

Hi lovely! This week's LIL Tip is all about simplifying our summer routines into something that actually feels manageable.



Summer Fun!



We opted to skip the checklists and break our day into three simple parts:

- inside play without screens after breakfast
- Outside play after lunch
- Whatever they want to do (even if a screen is involved) after outside play