

# LEANING INTO LOVE

A SAFE PLACE TO LAND • A STRONG PLACE TO LAUNCH

## LIL Tip ✨

Hi lovely! This week's LIL Tip is a great parenting strategy for positive reinforcement, and all it takes is a clear jar and some puffs.



A few guidelines for our puff jar at home:

- you can't lose puffs, only earn them
- you can't ask to get a puff in the jar for something you did, but you can call out someone else's good deed
- when the jar is filled, say yes to a fun activity