

# LEANING INTO LOVE

A SAFE PLACE TO LAND

A STRONG PLACE TO LAUNCH

## LIL Tip



Hi lovely! This week's LIL Tip shares one of our favorite homemade fidgets: the pick card. It's free, easy, and holds Eliza's attention better than any we've bought in a store.



How to make your own:

- Get an old card you no longer use (think gift card with no balance)
- Cover it with stickers or tape
- Give it to your kid along with a little baggie for them to stash the trash
- Keep them all over