## EANING INTO EACE TO LAUNCH

LIL Tip Hi lovely! This week's LIL Tip offers three ways to make leaving the kids at home a little more manageable. Getting away can be hard, but here are a few things



## that have made it easier for us.



Ways to prepare for a kid-free trip:

- Gather the troops. Tell the teachers, friends and neighbors, and see if you can plan carpools or play dates.
- Simplify the schedule. Remove what you can and make a meal plan with delivered groceries.
- Offer a visual reminder of how many days before you come back. We use paper chains to mark each one.

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