

LEANING INTO LOVE

A SAFE PLACE TO LAND • A STRONG PLACE TO LAUNCH

LIL Tip ✨

Hi lovely! This week's LIL Tip is one I learned from Dr. Becky with Good Inside, and it's magic!

Close your eyes and challenge your kids to get something done.



I don't know why this works so well, but it does. If your kid is dragging her feet to finish a task, close your eyes and challenge her to get it done before you open them. Make it a game, and you might just find the push-back is gone. Then laugh and clap when you open to find it done.